

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Items obtained from the National Survey of Current and Former Foster Parents (DHHS, 1993) and LeProhn (1993)

### Reasons for Fostering Checklist (RFC)

People have many different reasons for wanting to be foster parents. Below is a list of reasons foster parents have given for why they became foster parents. You may have more than one reason. For each statement below, select the answer that best indicates how true the statement is for you.

#### SCORE (1-5)

- 1 = Not at all true for me
- 2 = Somewhat not true for me
- 3 = Neither true or not true for me
- 4 = Somewhat true for me
- 5 = Very true for me

mo. Fa.  
Response

How true are the following statements about your wanting to foster?

1. I cannot have any, or any more, children of my own.
2. I am single and want a child.
3. I do not want to care for an infant.
4. I want to adopt but cannot get a child or wanted to adopt but can't.
5. I thought about adopting and thought foster parenting was a good way to start.
6. I want a certain kind of child (e.g., a girl or a five-year old).
7. I think a child might help my marriage.
8. I want to have company for myself.
9. I want to have company for my own child.
10. I want a larger family.
11. I want to provide a child with love.
12. I want to be loved by a child.
13. I want to provide a good home for a child.
14. I had a child who died.
15. I want to help a child with special problems.
16. My own children were grown and I want children in the house.
17. I want to provide a home so a child won't have to be put in an institution.
18. I want a child to help with chores or work in family business.
19. I want to have more money.
20. I want to care for a child but did not want permanent responsibility.



## Reasons for Fostering Checklist (RFC)

People have many different reasons for wanting to be foster parents. Below is a list of reasons foster parents have given for why they became foster parents. You may have more than one reason. For each statement below, select the answer that best indicates how true the statement is for you.

SCORE (1-5)	no	Fa.	How true are the following statements about your wanting to foster?
	Response		
<b>1 = Not at all true for me</b> <b>2 = Somewhat not true for me</b> <b>3 = Neither true or not true for me</b> <b>4 = Somewhat true for me</b> <b>5 = Very true for me</b>			21. I want to do something for the community/society.
			22. I want to fill time.
			23. I know a foster child or a foster child's family and want to help.
			24. I am related to a child I want to foster.
			25. I was a foster child myself.
			26. I was abused or neglected myself.
			27. I want to care for a child, but do not want permanent responsibility.
			28. I want to help a child who was less fortunate.
			29. I want to provide a home for a child I knew.
			30. I want to fulfill my religious beliefs by caring for a child.
			31. I feel obligated to take a particular child.
			32. I am attached to a particular child.
			33. My spouse wants to be a foster parent, so I agree.
			34. Of the 33 items listed above, which one was the top reason you decided to foster. <b>Please enter the item number (1-33) that corresponds to your top reason.</b>



Name: \_\_\_\_\_

Date: \_\_\_\_\_

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## Alcohol Use Disorders Identification Test (AUDIT)

Because alcohol use can affect your health, it is important that we ask some questions about your use of alcohol. Your answers will remain confidential so please be honest. Please select the response that best describes your answer to each question.

	mo / fa. Response	
<p><b>For questions 1 and 3-8</b></p> <p>0 = Never</p> <p>1 = Monthly or less</p> <p>2 = Two to four times a month</p> <p>3 = Two to three times per week</p> <p>4 = Four or more times a week</p> <p><b>For question 2</b></p> <p>0 = 1 or 2</p> <p>1 = 3 or 4</p> <p>2 = 5 or 6</p> <p>3 = 7 to 9</p> <p>4 = 10 or more</p>		1. How often do you have a drink containing alcohol?
		2. How many drinks containing alcohol do you have on a typical day when you are drinking?
		3. How often do you have six or more drinks on one occasion?
		4. How often during the last year have you found that you were not able to stop drinking once you had started?
		5. How often during the last year have you failed to do what was normally expected from you because of drinking?
		6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
		7. How often during the last year have you had a feeling of guilt or remorse after drinking?
		8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
	<b>SCORE (0,2,4)</b>	
<p><b>For question 9 and 10</b></p> <p>0 = No</p> <p>2 = Yes, but not in the last year</p> <p>4 = Yes, during the last year</p>		9. Have you or someone else been injured as a result of your drinking?
		10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?



## List of Scales

## Available Time Scale (ATS)

The following is a list of ways foster parents spend their time. Foster parents use their time differently. Every foster parent does not do all of the tasks on this list. This questionnaire asks you to indicate how often you have time for these activities. Please select the response that best describes how often you have time. Please answer all of the questions.

SCORE (1-5)	Mother	Father	To what extent do you have time for the following activities for or with a foster child?
	1 = Never		
2 = Once in a while			2. Play games with a child.
3 = Sometimes			3. Be home to care for a sick child.
4 = Quite often			4. Keep files on immunization, health, and school records.
5 = Very often			5. Set up a child's medical and dental appointments.
			6. Go with a child to medical, dental, and therapy appointments.
			7. Go to school to talk with a child's teachers.
			8. Meet with foster care workers to decide about goals for a child.
			9. Go to foster care training sessions.
			10. Keep notes about a child's progress.
			11. Help a child save personal keepsakes.
			12. Take a child to visit with his/her birth family.
			13. Take a child to recreational activities.
			14. Go to foster care association meetings.
			15. Meet with foster care workers to discuss a child's progress.
			16. Talk with other people about becoming foster parents.
			17. Help coach/lead a child's recreation activities.
			18. Go to a child's school if called for an emergency.
			19. Meet with a child's therapists and counselors.
			20. Share advice and help with other foster parents.

  

Mother	Father	ATS score



Date: \_\_\_\_\_

## Social Readjustment Rating Scale (SRRS)

**SCORE (0-1)**

**"0" or leave blank if event did not happen in the last 12 months.**

## Response

1. Death of spouse
2. Divorce
3. Menopause
4. Separation from living partner
5. Jail term or probation
6. Death of close family member other than spouse
7. Serious personal injury or illness
8. Marriage or establishing life partnership
9. Fired at work
10. Marital or relationship reconciliation
11. Retirement
12. Change in health of immediate family member
13. Work more than 40 hours per week
14. Pregnancy or causing pregnancy
15. Sex difficulties
16. Gain of new family member
17. Business or work role change
18. Change in financial state
19. Death of a close friend (not a family member)
20. Change in number of arguments with spouse or life partner
21. Mortgage or loan for a major purpose
22. Foreclosure of mortgage or loan
23. Sleep less than 8 hours per night
24. Change in responsibilities at work



(MOTHER)

### Social Readjustment Rating Scale (SRRS)

Please indicate which of the following events have happened to you during the past 12 months.

	Response
<b>SCORE (0-1)</b>  "1" if event happened in the last 12 months  "0" or leave blank if event did not happen in the last 12 months.	25. Trouble with in-laws, or with children
	26. Outstanding personal achievement
	27. Spouse begins or stops work
	28. Begin or end school
	29. Change in living conditions (visitors in the home, change in roommates, remodeling house)
	30. Change in personal habits (diet, exercise, smoking, etc.)
	31. Chronic allergies
	32. Trouble with boss
	33. Change in work hours or conditions
	34. Moving to new residence
	35. Presently in pre-menstrual period
	36. Change in schools
	37. Change in religious activities
	38. Change in social activities (more or less than before)
	39. Minor financial loan
	40. Change in frequency of family get-togethers
	41. Vacation
	42. Presently in winter holiday season
	43. Minor violation of the law



Name: \_\_\_\_\_ ( FATHER )

Date: \_\_\_\_\_

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### Social Readjustment Rating Scale (SRRS)

Please indicate which of the following events have happened to you during the past 12 months.

SCORE (0-1)	Response
<b>"1" if event happened in the last 12 months</b>  <b>"0" or leave blank if event did not happen in the last 12 months.</b>	1. Death of spouse
	2. Divorce
	3. Menopause
	4. Separation from living partner
	5. Jail term or probation
	6. Death of close family member other than spouse
	7. Serious personal injury or illness
	8. Marriage or establishing life partnership
	9. Fired at work
	10. Marital or relationship reconciliation
	11. Retirement
	12. Change in health of immediate family member
	13. Work more than 40 hours per week
	14. Pregnancy or causing pregnancy
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(FATHER)

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	26. Outstanding personal achievement
	27. Spouse begins or stops work
	28. Begin or end school
	29. Change in living conditions (visitors in the home, change in roommates, remodeling house)
	30. Change in personal habits (diet, exercise, smoking, etc.)
	31. Chronic allergies
	32. Trouble with boss
	33. Change in work hours or conditions
	34. Moving to new residence
	35. Presently in pre-menstrual period
	36. Change in schools
	37. Change in religious activities
	38. Change in social activities (more or less than before)
	39. Minor financial loan
	40. Change in frequency of family get-togethers
	41. Vacation
	42. Presently in winter holiday season
	43. Minor violation of the law







## List of Scales

*Cultural Receptivity in Fostering Scale (CRFS)*

Foster children have different cultures. Culture tells us how groups of people are different, whether they are from a different race, ethnicity, religion, spirituality, gender, sexual orientation, social class, or other ways that influence values, beliefs, views, and behavior. Below is a list of activities involved in fostering children of different cultures. For each statement, please select the response that best explains the level of effort you are willing to give to do the following activities.

SCORE (1-5)		Mother	Father	
1 = None 2 = Little 3 = Some 4 = A lot 5 = Whatever it takes				1. Seeking help from people who share his/her culture.
				2. Finding out about the skin and hair care that are best for a foster child.
				3. Learning how to tell if others are unkind or unfair to a foster child because of his/her culture.
				4. Finding places where a foster child can go to get his/her cultural needs met.
				5. Celebrating holidays and events important to a foster child.
				6. Buying toys, books, and dolls that are like a foster child's culture.
				7. Showing interest in the art of a foster child's culture.
				8. Learning how to lessen the effects of racism or discrimination on a child.
				9. Sharing helpful ideas with others who have raised children of different cultures.
				10. Trying recipes from a foster child's culture.
				11. Learning how to help a foster child effectively cope with acts of prejudice and racism.
				12. Appreciating clothing styles that are important to a foster child's culture.
				13. Finding out about health issues that are common in a foster child's culture.
				14. Becoming more aware of how racism or discrimination affects people from different cultures.
SCORE (1-5)  1 = None 2 = Little 3 = Some 4 = A lot 5 = Whatever it takes				15. Learning about how parenting practices of a foster child's culture differ from my own.
				16. Appreciating the music of a foster child's culture.
				17. Considering how my stereotypes about cultures affect a foster child.
				18. Learning how children benefit from interacting with other children from different cultures.
				19. Learning how I can help a foster child maintain his/her culture.
				20. Learning about how a foster child may have different views about the community than I do.
				21. Finding ways a foster child can fit into my family without changing things about his/her culture.
				22. Examining how my beliefs and values affect aspects of a foster child's culture.
				23. Learning how to teach a foster child about racism and discrimination.
				24. Learning about the language expressions of a foster child's culture.
				25. Taking a foster child to cultural places and events.

  

Mother	Father	CRFS score



Name: \_\_\_\_\_

Date: \_\_\_\_\_

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### *Foster Parent Role Performance Scale (FPRP)*

Below is a list of tasks that may need to be done for a foster child or for the agency. You may have done many of these things. For each item, please indicate how much responsibility the foster parent should take for that task.

SCORE (1-5)	mo / Fa. Response	
<b>1 = No responsibility</b> <b>2 = Some responsibility</b> <b>3 = About half responsibility</b> <b>4 = Mostly responsible</b> <b>5 = Complete responsibility</b>		1. Providing the child with birthday or Christmas presents.
		2. Helping foster child with emotional problems.
		3. Helping to build child's self confidence.
		4. Promoting the child's spirituality.
		5. Recruiting new foster families.
		6. Helping foster child develop physical skills and social skills which need improvement.
		7. Preparing teenage foster child to handle sickness, loneliness, and other problems once the child is on his or her own.
		8. Transporting child to visits with birth parents or other relatives.
		9. Assessing the child's level of development.
		10. Training new social workers to work with foster families.
		11. Talking to birth parents about the child's behavior.
		12. Keeping a record of a child's foster placement history and progress notes.
		13. Talking to child's birth family about child's adjustment to foster care.
		14. Responding to medical emergencies at school.
		15. Supervising the child's recreation.
		16. Planning new foster care services for the agency.
		17. Selecting the child's counselor or therapist.
		18. Selecting a child's school.
		19. Helping teenage foster child to develop friends who can provide positive support and appropriate companionship.
		20. Seeking special funds for special activities for the foster child.
		21. Helping foster child deal with issues related to being separated from his or her birth parents.



## Foster Parent Role Performance Scale (FPRP)

Below is a list of tasks that may need to be done for a foster child or for the agency. You may have done many of these things. For each item, please indicate how much responsibility the foster parent should take for that task.

SCORE (1-5)	Response	
	mo	Fa.
1 = No responsibility 2 = Some responsibility 3 = About half responsibility 4 = Mostly responsible 5 = Complete responsibility		22. Arranging visits with birth parents.
		23. Keeping child's educational records.
		24. Scheduling the child's medical and dental appointments.
		25. Helping with public relations for the foster care agency.
		26. Helping a child choose a religion.
		27. Arranging visits with the foster child's brothers and sisters.
		28. Helping teenage foster child find housing when she or he approaches emancipation.
		29. Investigating complaints against social workers.
		30. Shopping for a child's clothes.
		31. Supervising visits between foster child and birth parents.
		32. Teaching foster child how to deal with future relationships with members of her or his birth family.
		33. Keeping a child's medical records.
		34. Talking to child's counselor or therapist about the child's progress.
		35. Deciding the best way to discipline a foster child.
		36. Conducting in-service training for other foster parents.
		37. Working with teachers to help the foster child do better in school.
		38. Teaching teenage foster child housekeeping and home maintenance skills so she or he can maintain a home independently.
		39. Training new foster parents.
		40. Transporting the child to medical or dental appointments.